

Galatians 6:1-10 (CSB)

Brothers and sisters, if someone is overtaken in any wrongdoing, you who are spiritual, restore such a person with a gentle spirit, watching out for yourselves so that you also won't be tempted. ² Carry one another's burdens; in this way you will fulfill the law of Christ. ³ For if anyone considers himself to be something when he is nothing, he deceives himself.⁴ Let each person examine his own work, and then he can take pride in himself alone, and not compare himself with someone else. ⁵ For each person will have to carry his own load. ⁶ Let the one who is taught the word share all his good things with the teacher. ⁷ Don't be deceived: God is not mocked. For whatever a person sows he will also reap, ⁸ because the one who sows to his flesh will reap destruction from the flesh, but the one who sows to the Spirit will reap eternal life from the Spirit. ⁹ Let us not get tired of doing good, for we will reap at the proper time if we don't give up. ¹⁰ Therefore, as we have opportunity, let us work for the good of all, especially for those who belong to the household of faith.

ESTABLISHING RHYTHM:

Make a decision today that you will no longer participate in gossip about other people. Decide that when someone shares gossip with you, that you will interrupt them and tell them that they need to share their concerns directly with the person with whom they have an issue.

FOR GROW GROUPS AND PERSONAL REFLECTION:

- 1. What makes gossip so difficult to resist? In your opinion, why do people gossip?
- 2. What "General Rules" do you try to live by?
- 3. In what ways have people violated your boundaries? In what ways have you violated others' boundaries?
- 4. As you've listened to the message or as you read the Scripture passages, what is God bringing to your mind and heart? What do you want to do about it?

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