		,,,	Other
	Message 3 in the serie	s,"Remember"	
	Psalm 22		Jeremia
			Ramah, i
DESPAIR =	"the complete loss or abso	ence of"	children o
My Definitio	on of Despair = Discoura	gement on	Job 3:20
			bitter of
TODAY	'S MAIN QUESTION		search fo
	S MAIN QUESTION		and rejoi
How	o l with the lo	oss of ?	
			Habakk
			no grape
ADDRESSI	NG THE MAIN QUES	STION:	no food,
L Bo	with your	and your	yet I will
Г. De			
,	by day, but You do not ans n 22:1-2 (NIV)	wer, by night, but I find no rest.	
• Why, L Psalm	ord, do You reject me and ł 38:1-2, 14 (NIV)		FOR G
• Why, L Psalm	38:1-2, 14 (NIV)	nide Your face from me? ~	
 Why, L Psalm 3 2. Put your 1 	38:1-2, 14 (NIV) nope in God's		I. Rea
 Why, L Psalm 3 2. Put your 1 We are 	38:1-2, 14 (NIV) nope in God's hard pressed on every side	e, but not crushed; per-	I. Rea 88:
 Why, L Psalm 3 Put your 1 We are plexed, 	38:1-2, 14 (NIV) hope in God's hard pressed on every side but not in despair; persecut	e, but not crushed; per- ted, but not abandoned; struck	I. Rea 88:1 pass 2. Hov
 Why, L Psalm 3 Put your 1 We are plexed, down, b 	38:1-2, 14 (NIV) nope in God's hard pressed on every side but not in despair; persecu- put not destroyed. We alway	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the	I. Rea 88:1 pass 2. How seas
 Why, L Psalm 3 Put your 1 We are plexed, down, L death c 	38:1-2, 14 (NIV) nope in God's hard pressed on every side but not in despair; persecu- put not destroyed. We alway	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the sus may also be revealed in	I. Rea 88:1 pass 2. How seas 3. Wh
 Why, L Psalm 3 Put your 1 We are plexed, down, L death a our boo 	38:1-2, 14 (NIV) hope in God's hard pressed on every side but not in despair; persecut out not destroyed. We alway f Jesus, so that the life of Je ly. For we who are alive are	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the sus may also be revealed in	I. Rea 88:1 pass 2. Hov seas 3. Wh fror
 Why, L Psalm 3 Put your 1 We are plexed, down, b death o our boo death f 	38:1-2, 14 (NIV) hope in God's hard pressed on every side but not in despair; persecu- but not destroyed. We alway f Jesus, so that the life of Je ly. For we who are alive are br Jesus' sake, so that His li	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the sus may also be revealed in always being given over to	I. Rea 88:1 pass 2. Hov seas 3. Wh fror Hov
 Why, L Psalm 3 Put your 1 We are plexed, down, L death c our boc death f mortal 	38:1-2, 14 (NIV) hope in God's hard pressed on every side but not in despair; persecu- but not destroyed. We alway f Jesus, so that the life of Je ly. For we who are alive are br Jesus' sake, so that His li	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the esus may also be revealed in always being given over to fe may also be revealed in our	FOR G I. Rea 88:1 pass 2. Hov seas 3. Wh fron Hov find 4 Rea
 Why, L Psalm 3 Put your 1 We are plexed, down, L death o our boo death f mortal you. ~ 1 	38:1-2, 14 (NIV) hope in God's hard pressed on every side but not in despair; persecut out not destroyed. We alway f Jesus, so that the life of Je ly. For we who are alive are br Jesus' sake, so that His li body. So then, death is at w 2 Corinthians 4:8-12 (NIV)	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the esus may also be revealed in always being given over to fe may also be revealed in our rork in us, but life is at work in	 Rea 88:1 pass Hov seas Wh fror Hov find Rea
 Why, L Psalm 3 Put your 1 We are plexed, down, L death c our boc death f mortal 	38:1-2, 14 (NIV) hope in God's hard pressed on every side but not in despair; persecut out not destroyed. We alway f Jesus, so that the life of Je ly. For we who are alive are br Jesus' sake, so that His li body. So then, death is at w 2 Corinthians 4:8-12 (NIV)	e, but not crushed; per- ted, but not abandoned; struck ys carry around in our body the esus may also be revealed in always being given over to fe may also be revealed in our	I. Rea 88:1 pass 2. How seas 3. Wh fror How find

"Yea, though I walk through the valley of the shadow of death, I will fear no evil, for Thou art with me." ~ Psalm 23:4 (KJV)

Other Sample Passages on Despair

Jeremiah 31:15 ~ This is what the Lord says: "A voice is heard in Ramah, mourning and great weeping, Rachel weeping for her children and refusing to be comforted, because they are no more."

Job 3:20-22 ~ "Why is light given to those in misery, and life to the bitter of soul, to those who long for death that does not come, who search for it more than for hidden treasure, who are filled with gladness and rejoice when they reach the grave?

Habakkuk 3:17-18 ~ Though the fig tree does not bud, and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior.

FOR GROW GROUPS AND PERSONAL REFLECTION:

- Read Jeremiah 31:15; Job 3:20-22; Psalm 22:1-2; and Psalm 88:1-2, 14. What emotional parallels do you see in these passages? How do they describe "despair"?
- 2. How do you react to Pastor David's comment that when in a season of despair, we should "appeal to God's memory"?
- 3. When was a time when you felt despair? What responses from friends or family were helpful? Which were not helpful? How did your faith help you through it, if it did? How do you find hope?
- 4. Read Habakkuk 3:17-18. How does this impact your view of despair?
- 5. As you've listened to the message or as you read the Scripture passages, what is God bringing to your mind and heart? What do you want to do about it?